

# Vāgbhaṭa Aṣṭāṅghṛdaya

## Sūtrasthāna 1

rāgādi-rogān satatānuṣaktān a-śeṣa-kāya-prasṛtān a-śeṣān |  
autsukya-mohā-rati-dān jaghāna yo '-pūrva-vaidyāya namo 'stu tasmai || 1 ||  
āyuh-kāmayamānena dharmārtha-sukha-sādhanam |  
āyur-vedopadeśeṣu vidheyah param ādaraḥ || 2 ||  
brahmā smṛtvāyuso vedaṃ prajāpatim ajigrahat |  
so 'śvinau tau sahasrākṣaṃ so 'tri-putrādikān munīn || 3 ||  
te 'gniveśādikāṃs te tu pṛthak tantrāṇi tenire |  
tebhyo 'ti-viprakīrṇebhyaḥ prāyaḥ sāra-tarocayaḥ || 4 ||  
kriyate 'ṣṭāṅga-hṛdayaṃ nāti-saṃkṣepa-vistaram |  
kāya-bāla-grahordhvāṅga-śalya-daṃṣṭrā-jarā-vṛṣān || 5 ||  
aṣṭāv aṅgāni tasyāhuś cikitsā yeṣu saṃśritā |  
vāyuh pittaṃ kaphaś ceti trayo doṣāḥ samāsataḥ || 6 ||  
vikṛtā-vikṛtā dehaṃ ghnanti te vartayanti ca |  
te vyāpino 'pi hṛn-nābhyor adho-madhyordhva-saṃśrayāḥ || 7 ||  
vayo-'ho-rātri-bhuktānāṃ te 'nta-madhyādi-gāḥ kramāt |  
tair bhaved viśamas tīkṣṇo mandaś cāgniḥ samaiḥ samaḥ || 8 ||  
koṣṭhaḥ krūro mṛdur madhyo madhyaḥ syāt taiḥ samair api |  
śukrārtava-sthair janmādaḥ viṣeṣeva viṣa-kṛimeḥ || 9 ||  
taiś ca tisraḥ prakṛtayo hīna-madhyottamāḥ pṛthak |  
sama-dhātuh samastāsu śreṣṭhā nindyā dvi-doṣa-jāḥ || 10 ||  
tatra rūkṣo laghuḥ śītaḥ kharaḥ sūkṣmaś calo 'nilaḥ |  
pittaṃ sa-sneha-tīkṣṇoṣṇaṃ laghu visraṃ saraṃ dravam || 11 ||  
snigdhaḥ śīto gurur mandaḥ ślakṣṇo mṛtsnaḥ sthiraḥ kaphaḥ |  
saṃsargaḥ saṃnipātaś ca tad-dvi-tri-kṣaya-kopataḥ || 12 ||  
rasāsṛṇ-māṃsa-medo-'sthi-majja-śukrāṇi dhātavaḥ |  
sapta dūṣyā malā mūtra-śakṛt-svedādayo 'pi ca || 13 ||  
vṛddhiḥ samānaiḥ sarveṣāṃ viparītair viparyayaḥ |  
rasāḥ svādv-amlā-lavaṇa-tiktoṣaṇa-kaṣāyakāḥ || 14 ||  
ṣaḍ dravyam āśritās te ca yathā-pūrvam balāvahāḥ |  
tatrādyā mārutaṃ ghnanti trayas tiktādayaḥ kapham || 15 ||  
kaṣāya-tikta-madhurāḥ pittaṃ anye tu kurvate |

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śamanam kopanam svastha-hitam dravyam iti tri-dhā || 16 ||  
uṣṇa-śīta-guṇotkarṣāt tatra vīryam dvi-dhā smṛtam |  
tri-dhā vipāko dravyasya svādv-amla-kaṭukātmakaḥ || 17 ||  
guru-manda-hima-snigdha-ślakṣṇa-sāndra-mṛdu-sthirāḥ |  
guṇāḥ sa-sūkṣma-viśadā viṃśatiḥ sa-viparyayāḥ || 18 ||  
kālārtha-karmaṇām yogo hīna-mithyāti-mātrakaḥ |  
samyag-yogaś ca vijneyo rogārogyaika-kāraṇam || 19 ||  
rogas tu doṣa-vaiṣamyam doṣa-sāmyam a-roga-tā |  
nijāgantū-vibhāgena tatra rogā dvi-dhā smṛtāḥ || 20 ||  
teṣām kāya-mano-bhedād adhiṣṭhānam api dvi-dhā |  
rajas tamaś ca manaso dvau ca doṣāv udāhṛtau || 21 ||  
darśana-sparśana-prāśnaih parīkṣeta ca rogiṇam |  
rogaṃ nidāna-prāg-rūpa-lakṣaṇopaśayāptibhiḥ || 22 ||  
bhūmi-deha-prabhedena deśam āhur iha dvi-dhā |  
jāṅgalaṃ vāta-bhūyiṣṭham anūpaṃ tu kapholbaṇam || 23 ||  
sādhāraṇam sama-malaṃ tri-dhā bhū-deśam ādiśet |  
kṣaṇādir vyādhy-avasthā ca kālo bheṣaja-yoga-kṛt || 24 ||  
śodhanam śamanam ceti samāsād auśadham dvi-dhā |  
śarīra-jānām doṣāṇām krameṇa paramauśadham || 25 ||  
vastir vireko vamanam tathā tailam ghr̥tam madhu |  
dhī-dhairyātmādi-vijnānam mano-doṣauśadham param || 26 ||  
bhiṣag dravyāṅy upasthātā rogī pāda-catuṣṭayam |  
cikitsitasya nirdiṣṭam praty-ekam tac catur-guṇam || 27 ||  
dakṣas tīrthātta-śāstrārtho dr̥ṣṭa-karmā śucir bhiṣak |  
bahu-kalpaṃ bahu-guṇam saṃpannam योग्यam auśadham || 28 ||  
anuraktaḥ śucir dakṣo buddhi-mān paricāraḥ |  
ādhyo rogī bhiṣag-vaśyo jnāpakaḥ sat-tva-vān api || 29 ||  
sādhyo '-sādhyā iti vyādhir dvi-dhā tau tu punar dvi-dhā |  
su-sādhyāḥ kṛcchra-sādhyāś ca yāpyo yaś cān-upakramaḥ || 29+(1) ||  
sarvauśadha-kṣame dehe yūnaḥ puṃso jītātmanaḥ |  
a-marma-go 'lpa-hetv-agra-rūpa-rūpo 'n-upadravaḥ || 30 ||  
a-tulya-dūṣya-deśartu-prakṛtiḥ pāda-saṃpadi |  
graheṣv anu-guṇeṣv eka-doṣa-mārgo navaḥ sukhaḥ || 31 ||  
śāstrādi-sādhanaḥ kṛcchraḥ saṃkare ca tato gadaḥ |  
śeṣa-tvād āyuso yāpyaḥ pathyābhyāsād viparyaye || 32 ||

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an-upakrama eva syāt sthito 'ty-anta-viparyaye |  
autsukya-mohā-rati-kṛd dr̥ṣṭa-riṣṭo 'kṣa-nāśanaḥ || 33 ||  
tyajed ārtam bhiṣag-bhūpair dviṣtam teṣāṃ dviṣam dviṣam |  
hīnopakaraṇam vyagram a-vidheyam gatāyuṣam || 34 ||  
caṇḍam śokāturam bhīruṃ kṛta-ghnam vaidya-māninam |  
tantrasyāsyā param cāto vakṣyate 'dhyāya-saṃgrahaḥ || 35 ||  
āyuṣ-kāma-dinartv-īhā-roḡān-utpādana-dravāḥ |  
anna-jnānāna-saṃrakṣā-mātrā-dravya-rasāśrayāḥ || 36 ||  
doṣādi-jnāna-tad-bheda-tac-cikitsā-dvy-upakramāḥ |  
śuddhy-ādi-snehana-sveda-rekāsthāpana-nāvanam || 37 ||  
dhūma-gaṇḍūṣa-dr̥k-seka-tr̥pti-yantraka-śastrakam |  
sirā-vidhiḥ śalya-vidhiḥ śastra-kṣārāgni-karmikau || 38 ||  
sūtra-sthānam ime 'dhyāyās triṃśac chārīram ucyate |  
garbhāvakraṅti-tad-vyāpad-aṅga-marma-vibhāgikam || 39 ||  
vikṛtir dūta-jaṃ ṣaṣṭham nidānam sārvarogikam |  
jvarāsr̥k-śvāsa-yakṣmādi-madādy-arśo-'tisāriṇām || 40 ||  
mūtrāghāta-pramehāṇām vidradhy-ādy-udarasya ca |  
pāṇḍu-kuṣṭhānilārtānām vātāsrasya ca ṣo-ḍaśa || 41 ||  
cikitsitam jvare rakte kāse śvāse ca yakṣmaṇi |  
vama madātyaye 'rśaḥsu viṣi dvau dvau ca mūtrite || 42 ||  
vidradhau gulma-jaṭhara-pāṇḍu-śopha-visarpiṣu |  
kuṣṭha-śvitranīla-vyādhi-vātāsreṣu cikitsitam || 43 ||  
dvā-viṃśatir ime 'dhyāyāḥ kalpa-siddhir atah param |  
kalpo vamer virekasya tat-siddhir vasti-kalpanā || 44 ||  
siddhir vasty-āpadām ṣaṣṭho dravya-kalpo 'ta uttaram |  
bālopacāre tad-vyādhau tad-grahe dvau ca bhūta-ge || 45 ||  
unmāde 'tha smṛti-bhraṃśe dvau dvau vartmasu saṃdhiṣu |  
dr̥k-tamo-liṅga-nāśeṣu trayo dvau dvau ca sarva-ge || 46 ||  
karṇa-nāsā-mukha-śiro-vraṇe bhaṅge bhagandare |  
granthi-ādaḥ kṣudra-rogeṣu guhya-roge pṛthag dvayam || 47 ||  
viṣe bhujāṅge kīṭeṣu mūṣakeṣu rasāyane |  
catvāriṃśo 'n-apatyānām adhyāyo bīja-poṣaṇaḥ || 48 ||  
ity adhyāya-śatam viṃśam ṣaḍbhiḥ sthānair udīritam || 48+(1) ||

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